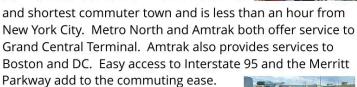


## <u>1 Harbor Point</u>

Harbor Point district hosts live music and performances, block parties, farmer's markets, craft shows, movie nights and more throughout the year. There is even a trolly from downtown and train station to take you there. Not to mention, there is also a FREE water taxi that runs all summer long across Stamford Harbor to Prime & Crabshell restaurants and the Waterside neighborhood.

## 2 Commuting

Stamford's location is ideal for commuters both on land and sea. Stamford is the best



#### 3 Town Center

If you're in need of retail therapy, check out the Stamford Town Center and visit one of its 130 shops which includes Barnes & Noble, Charlotte Russe,Footlocker, and Macy's. Pickleball America, largest indoor pickleball venue. If you get hungry while shopping visit one of the many restaurants, such as The Capital Grille.

#### 4 Mill River Park

Located in the heart of downtown Stamford, Mill River Park is known as the Central Park of Fairfield County! It's now home to a carousel, walking and biking paths, ice skating rink, nature's classroom, dog park and mini golf with much more to come!

### **5 Mianus River Park**

Mianus River Park is a nature preserve on the Greenwich/ Stamford border with 391 acres. A two mile stretch of the beautiful Mianus River flows through the park and is a major attraction to visitors. The park also offers fine forest lands, vernal pools, varied wild life and miles of rolling trails for walking and other recreational activities.

#### 6 Summer Concert - Alive @ 5

Live Summer concert series on Thursday nights in Columbus park featuring national and regional headliners. Thursday nights in Columbus Park has become a ritual for after work crowds in Stamford Downtown with great music, great dancing, and great times!



#### 7 Stamford Restaurants

There are family-run establishments to world-class International cuisine. Dining with great outdoor views or a unique inside vibe. Stamford is home to every kind of restaurant, café, diner, coffee shop and cocktail bar. Summer Restaurant Week showcases Stamford's fabulous dining- participating restaurants offer price fixed lunches and dinners for the public to enjoy. Don't miss the Floating Tiki Bar! Try some of the local favorites such as, Fish Restaurant + Bar, Cafe Silvium, Barcelona Wine Bar, Bar Taco, Colony Grill, Fortina and Pellicci's.

## 8 The Avon Theatre

The Avon Theatre Film Center is a historic landmark showing independent, documentary and classic films for entertainment that's a little bit different.



## 9 Ferguson Library

The Ferguson Library opened it's doors at the end of the 19th century and is the heart of the community. It has four branches located around the city and hosts children's story time, Author's Nights, lectures, and art exhibits. Other events include Friday films and a variety of other events including cartooning classes, book clubs and playgroups.





## 10 Stamford Farmers Market

Visit our farmers market for a wide variety of locally grown fruits, vegetables and flowers. You'll also find breads, jams, baked goods cheeses, oils and more! Straight from the farm to your home!



## 11 Cove Island Park Marina

Cove Island Park has it all! Developed recreation facilities include: a 1-mile loop walking/ running trail, children's play area, a roller blade/ cycling path and expansive lawn areas for kite-flying. Two sandy beaches, a small salt marsh, mudflats, Holy Pond, and the Cove River provide opportunities to observe water birds.



## 12 Museum and Nature Center

Home to acres of nature trails, a planetarium, interactive museum, animals, and even a working farm. Each year the Museum offers a range of exhibitions focused on the natural world, American culture, art and history. Exhibitions are designed to be interactive and frequently include hands-on elements that are specifically aimed at children.

### 13 Arts and Crafts On Bedford

The Arts and Crafts Street Fair occurs annually in Stamford. For one weekend in September, you can shop at the craft and artisan boutiques on Bedford Street, which is closed to traffic for the weekend. Dine in the extended sidewalk café.



#### 14 Bartlett Arboretum/Gardens

A 93 acres of parkland, gardens, landscapes and hiking trails that focus on regional plants, ecology and character of Southwestern New England. They offer gardening classes and daily tours of its gorgeous grounds. Dog friendly.

#### $15\,$ Bark in the Park

A special day at Latham Park for our four-legged friends! All friendly, well-behaved leashed dogs are welcome! The event is free but visitors are encouraged to bring an item to donate to animals in need. Items collected will be distributed between the participating rescue groups.

## 16 Annual Tree Lighting

From 22 stories high above Stamford Downtown, watch and cheer for Santa Claus, Rudolph, Grinch and friends as they make their daredevil descent, twisting and flying from the top of one of Stamford's tallest buildings, Landmark Square. Then follow Santa and friends up Bedford Street to Latham Park for an evening of holiday music and join in the countdown of the annual lighting of Stamford's Holiday Tree.

## 17 Parade Spectacular

The Saturday before Thanksgiving, the Parade Spectacular takes place. This parade is one of the largest helium balloon parades in the country, featuring everyones favorite giant balloon characters, award winning marching bands and fabulous floats. Fun for the whole family!

#### 18 Rich Forum

Stamford Center for the Arts is where some of today's most popular daytime "talk" shows are filmed. Judge Jerry and Steve Wilkos call this home. You can get tickets to be in the audience. A division of NBC.

#### 19 The Palace Stamford

Music. Dance. Comedy. Stamford's Palace Theatre has something for everyone. It's a unique venue available to rent for private functions in the heart of the downtown area. The vision of the Palace Theatre is to be the regional arts center for exciting entertainment that enhances and enriches the cultural, educational, economic, and social life of the community.

## 20 A Grand Summer Night

Friends of Stamford fund-raiser was created to provide the perfect opportunity to experience the delectable cuisine that makes Stamford downtown the dining capital of the region. Net proceeds from the event are used to purchase outdoor art to grace the Downtown streets.



## 21 Stamford Historical Society

The Stamford History Center is an educational and research institution whose primary functions are to collect, conserve, interpret, and share artifacts and information relating to Stamford.



#### 22 SoundWaters

SoundWaters is an educational water school that believes through education they can protect and preserve the Long Island Sound. SoundWaters educates and inspires children from all backgrounds to understand, value, and protect our precious resource of Long Island Sound. Not to mention, through SoundWaters, you can also rent kayaks and paddle board on Stamford Harbor.



27 Art **Galleries** The City of Stamford is home to numerous, recognizable **SoundWaters** 

 $26\,$  Shippan Turkey Trot The Shippan Turkey Trot is a fun costumed road race that takes place on Thanksgiving morning. The trot is 241

miles or almost a 4K - donations of canned foods or cash all benefit Stamford's Pacific House a shelter for the

Homeless. Shippan Turkey Trot

art galleries. The Alvarez Gallery opened in 2009 with the 22 UConn Stamford hopes of growing the careers of emerging artists' as well as enriching the Stamford community. Guests can spend University of Connecticut Stamford was founded in 1952 and the day perusing the gallery and viewing fascinating exhibitions or attending informative programs. Also, be sure to check out the Loft Art Association website to learn about their inspiring art galleries, Phillips Gallery and West Gallery, both conveniently located in Stamford.

moved downtown in 1998. Offering students the benefits of a prestigious university in a small college setting.



## 23 Chelsea Piers Connecticut -

One of the finest sports and recreational facilities in the country, offering instructional programs, camps, sports leagues, competitive teams, fitness and drop-in fun for children and adults.



## 24 Free Summer Movies

Grab your picnic basket and lawn chairs and head out for a movie under the stars. Harbor Point offers free movies on Wednesday nights and Mill River Park offers a Saturday night free movie series.



## 25 Curtain Call

Curtain Call, Inc. with Stamford Community Arts Council puts on musicals, plays and workshops for all ages, a nonprofit

theater where auditions are open to all. Sterling Farms Theatre Complex.



# 28 Cummings Park Cummings Park is a 79-acre heaven for outdoorsy types.

Guests can stroll the beach, boardwalk, and fishing pier, or enjoy a competitive game of tennis, basketball, or softball in one of the park's many recreational areas.



## 28 Harbor Point Trolley

Complimentary shuttle service between both residential and office buildings to the Stamford Transportation Center. The Trolley is quick, free and stops at many popular locations like the Transportation Center, Stamfor Town Center, Corporate Centers, Fairway Market, UCONN Sacred Heart University as well as numerous dining and nightlife locations.

## 30 Stamford Safety

Stamford has topped many lists of safest big cities in the United States. A few years ago, it was even ranked the ninth safest city by the FBI. Not bad for an urban area that is home to more than 122,000 people.

